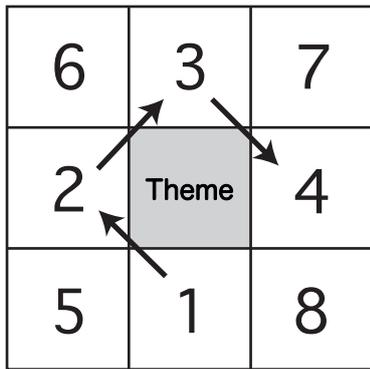


What's 9masu (Nine Matrix) note?

When people try to itemize their ideas in a bulleted manner, they are satisfied with only three. However, good ideas that are original and unique come from the fourth and subsequent ones. In the 9masu note, you write the theme in the center of the 9masu (Nine Matrix), and use it while filling the surrounding 8 squares in numerical order from 1 to 8. When people see blank squares, the psychology of trying to fill it in works.

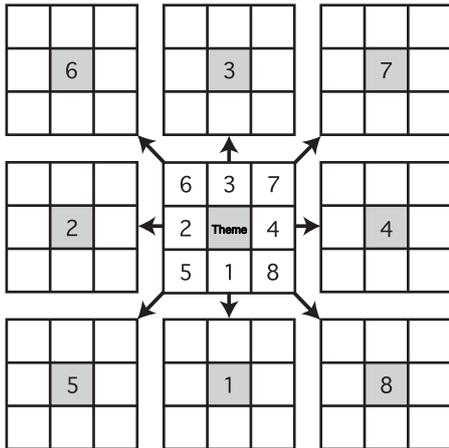
[Behavioral Habits Compass Tool Edition: Article 41]

"People want to fill in the blanks"



Inspire 9masu

First, let's fill in the 9masu!



Activate 9masu

Now, let's expand your ideas!



How to make use of 9masu note

You can use this for work, daily use, and other variable situations.

When you want to...

- brainstorm ideas
- solve problems or worries
- clarify your dreams and goals

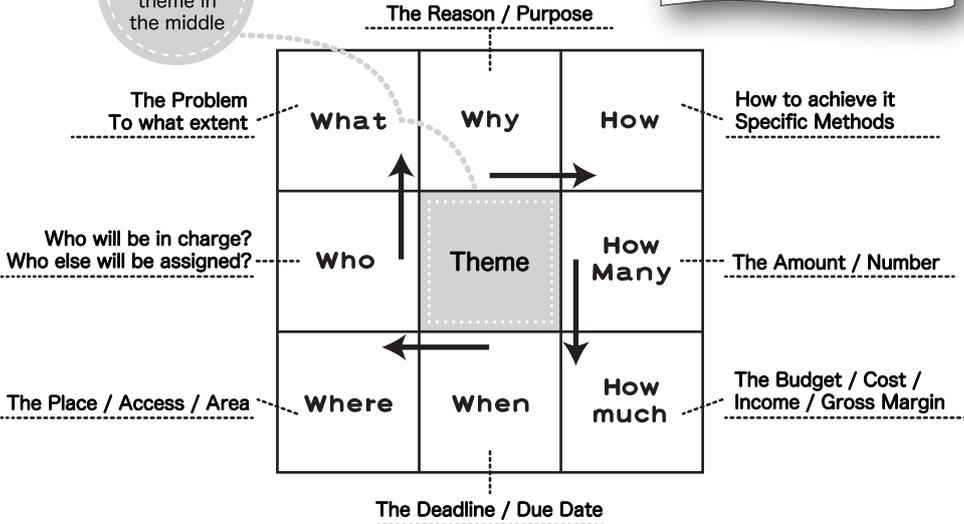
Here are some examples!



First, you write your theme in the middle

5W3H

This will make the 5W3H easy, which is one of the basics of business, and also make it a habit.

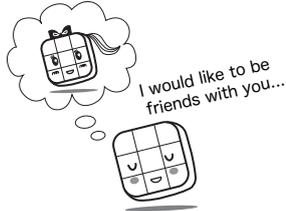
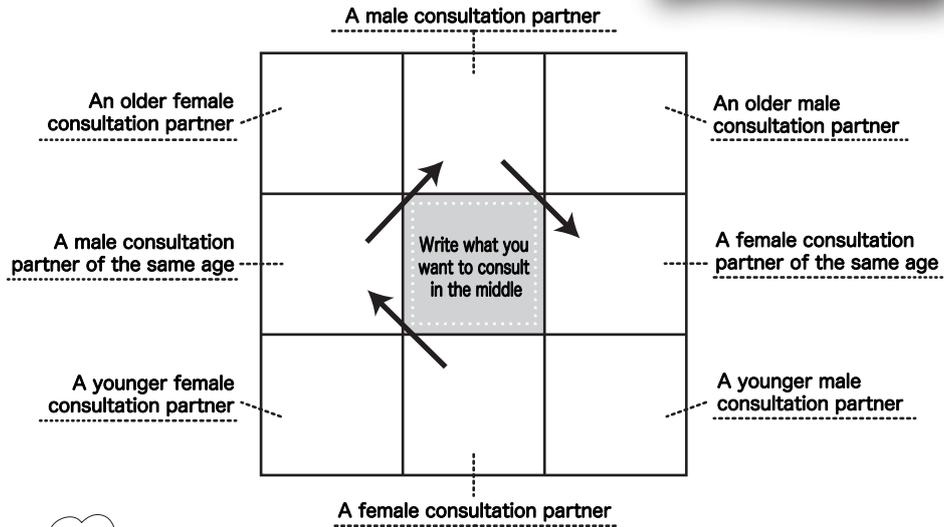


This is what's great about 9masu note!

- You can clarify your dreams and goals using 9masu note!
- You can come up with a lot of ideas using 9masu note!
- You can solve your problems and worries using 9masu note!

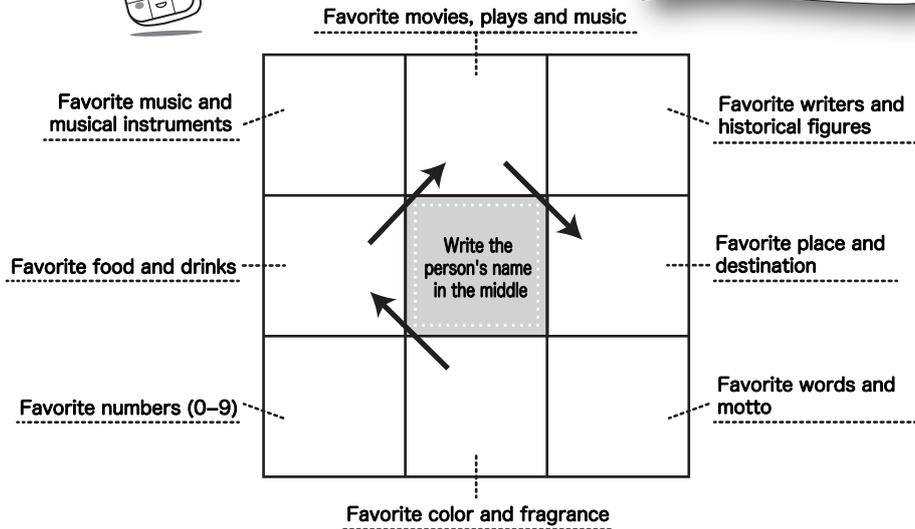
Consulation MAP

It isn't biased on just the same sexuality who you can easily talk, so you'll be able to come up with a neutral solution.

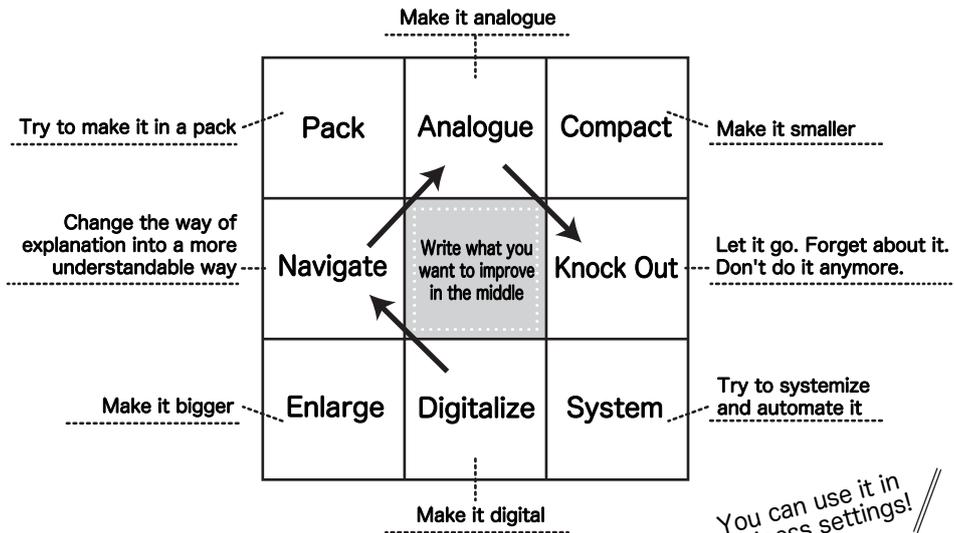


Personal MAP

The range of communication and knowledge expands.



Improvement MAP

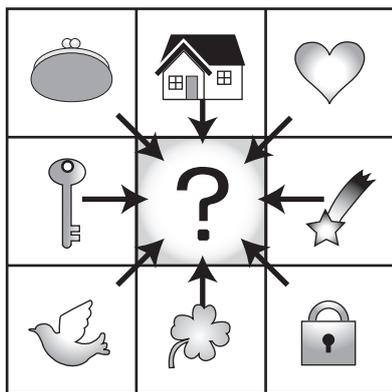


Recommended when you want to make improvements. **"DEN PACKS"**

You can use it in business settings!



■ Actually, there is a secret version of how to use 9masu!



Other examples

In addition to the usages introduced so far, there is a method of filling the surrounding eight squares in order, leaving the middle square open. Finally, by filling in the middle, you can think about

"What do these eight have in common?"

This way, you'll be able to discover unexpected common themes!

Let's write more about your surroundings!

Your villa in a resort	A ring	Your partner (lover)
A sports car	What you want	A condominium
An Hermes bag	A party dress	Your own office

Write down what you want,

Batteries	Extension cords	USB flash drives
Red pens	Shopping list	Notepads
Toothbrushes	Toilet paper	Shampoo

Make a shopping list,

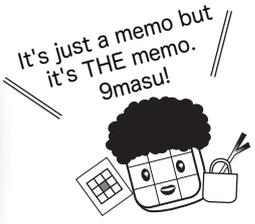
4 nights 5 days	Refresh & Spending time with your family	Procedure at a travel agency
4 family members	Itinerary	2 adults 2 kids
Okinawa	Next month's holidays	300,000 yen for all

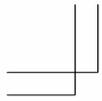
Organize your thoughts,

Commute by walking for one station	No fried foods	No beer
Take a walk in the morning	Diet	Check your weight every morning
Don't eat after 10PM	Go to the gym	Set rewards for your achievement

Finding a solution to your worries,

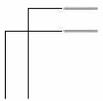
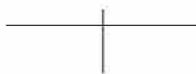
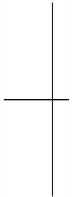
 Write down even the smallest things using 9masu. **Solving familiar problems quickly is directly linked to moving toward your dreams!**

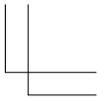
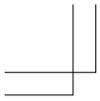


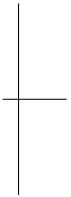


9masu with numbered guide

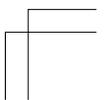
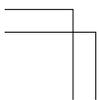
6	3	7
2		4
5	1	8







© iNMAX & 9 Matrix Lab.



9masu with numbered guide

MEMO ▼

7-6	7-3	7-7
7-2	7	7-4
7-5	7-1	7-8

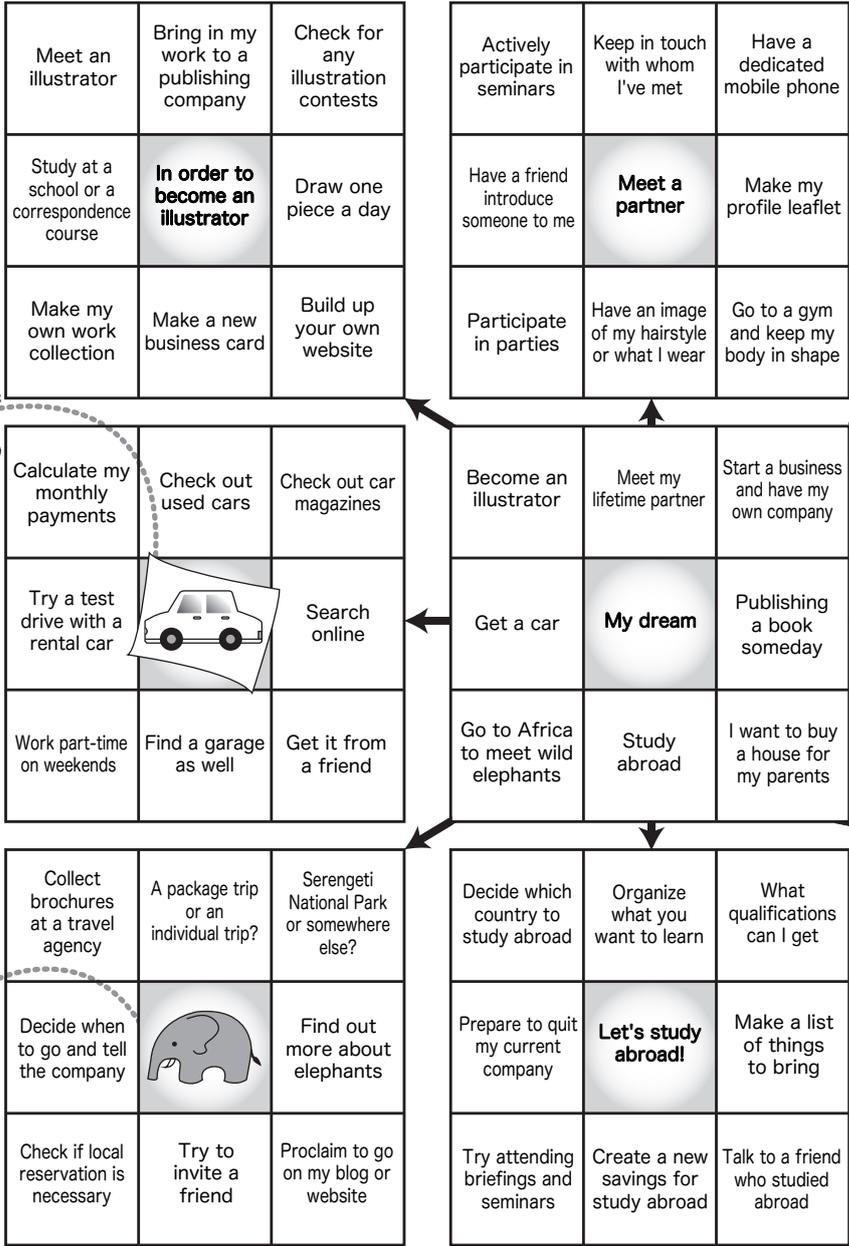


4-6	4-3	4-7
4-2	4	4-4
4-5	4-1	4-8



8-6	2-3	8-7
8-2	8	8-4
8-5	8-1	8-8

To a further expansion of 9masu !



A cutout from a magazine

Illustrations etc.

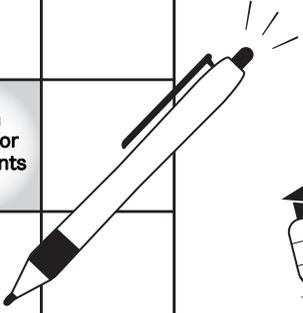
Read and study related books	Start at your home office	Think about how to collect the moeny
Come up with a company name and a logo mark	My office	Select the products and merchandise to handle
Ask my friends what products they want	Launch a dedicated website	Make a business card and a booklet



First, make a booklet as a message book	Apply for a sweepstake	Send a part of the manuscript to a publisher
Write a blog every day		Participate in a publishing seminar
Take notes as soon as you come up with an idea	Try to summarize your favorite words	Summarize a book proposal in a report



	Buy a house for my parents	



"Activate 9masu (Zen Matrix)" is a more concrete action that incorporates the contents of the completed "Inspire 9masu" into action.

 Here's whats amazing about the Zen Matrix !

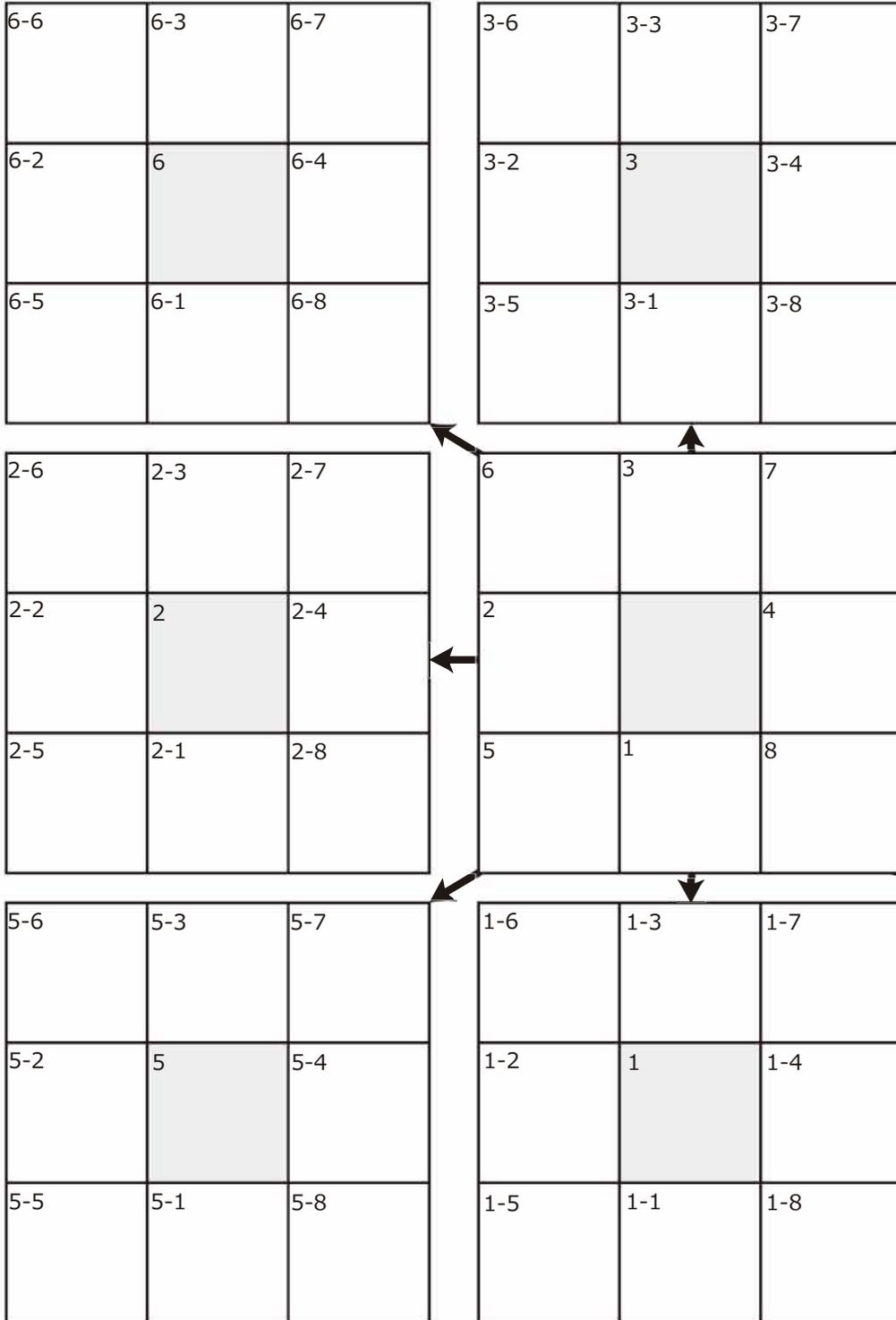


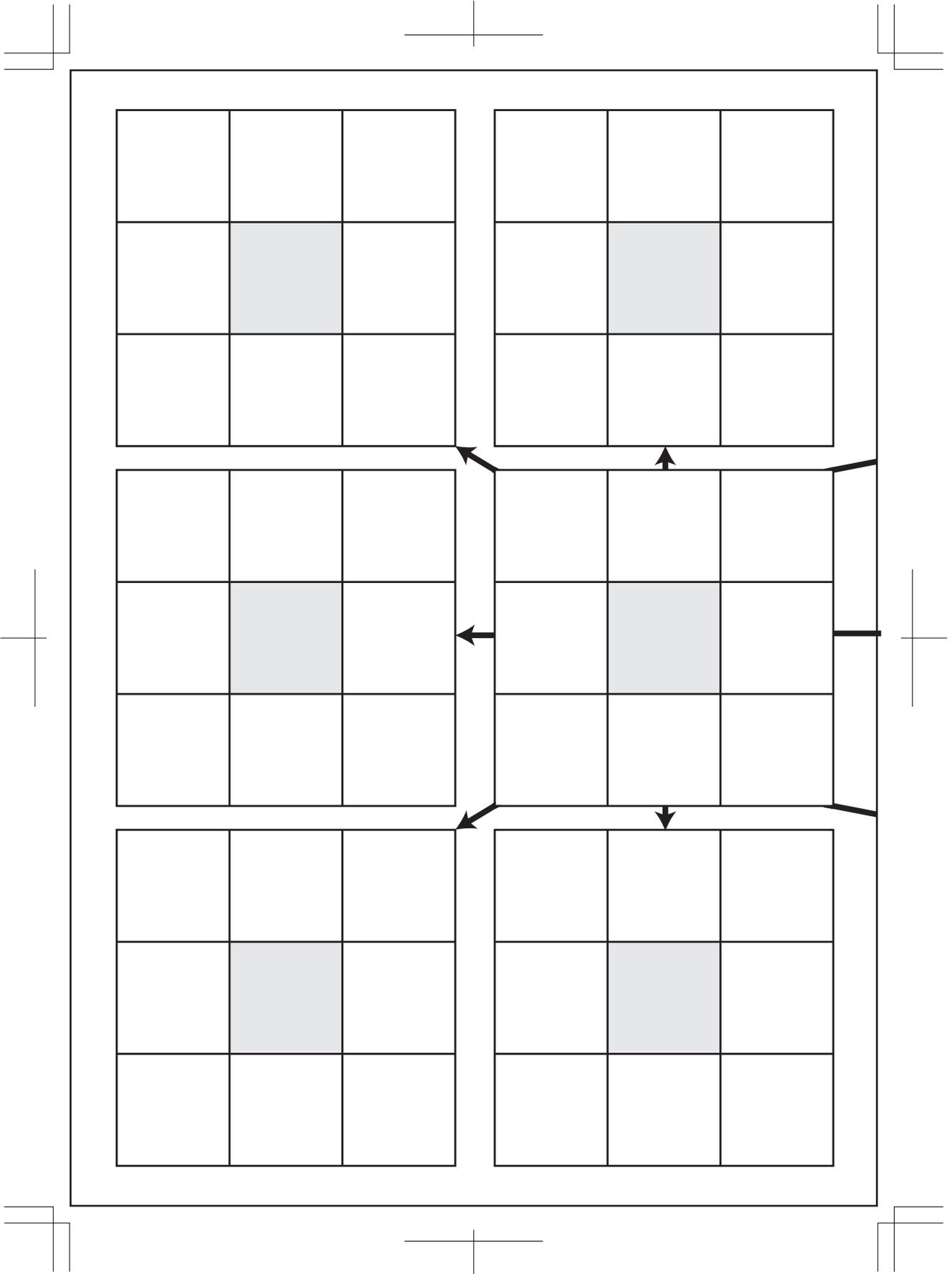
Let's try!

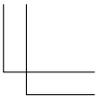
Let's complete the exciting Zen Matrix by adding illustrations and cutouts!



9masu with numbered guide

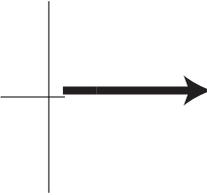


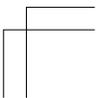




MEMO ▼







Action Habits Compass

Type	Article	Watchwords
Mood	Article 1	Feeling somewhat good
	Article 2	Great thanks, great satisfaction
	Article 3	You have everything except what you don't have
	Article 4	I'm lucky and happy, thank you
	Article 5	It's what you feel than what you think
	Article 6	Brain training / Muscle training / Comfortable training
	Article 7	Now, here, myself
Life	Article 8	A step away is light
	Article 9	Life is a fun journey
	Article 10	You only have time to do the fun stuff in life
	Article 11	Life is a piece of cake
	Article 12	Life is an exciting lab (experimental site)
	Article 13	From glare to glitter
	Article 14	Everything is just a prologue
	Article 15	If you let go, you will earn
	Article 16	Everyone is different and everyone is special
Vision	Article 17	For the Earth, for your route
	Article 18	From dream to vision
	Article 19	When you accept your fate and believe in your destiny, you realize your providence
	Article 20	Happiness is unlimited
	Article 21	The power of succeeding happily is the power to support others
	Article 22	"I'm ready to do it!"
	Article 23	Serious than desperate
	Article 24	It's "How to be" rather than "How to do"
	Article 25	Chain / circulation / evolution
Action	Article 26	You sense, you move
	Article 27	Quit if you hesitate!
	Article 28	A refreshing impudence
	Article 29	Those who don't fight are the strongest
	Article 30	Proceed in a relieved direction
	Article 31	From "the right me" to "the happy me"
	Article 32	A bold plan but a careful tactic
	Article 33	A favor is a task
	Article 34	Unfounded self-confidence Unsubstantiated pride
	Article 35	Let's quit being the "nice guy"
	Article 36	Give yourself a thumbs up
Daily Life	Article 37	Sleep today, wake up tomorrow
	Article 38	The moment of awakening is everything
	Article 39	Health is more important than life!
	Article 40	There is enough time!
Tools	Article 41	People want to fill in the blanks
	Article 42	Open your notebook to open up your life!
	Article 43	It 's just a memo, but it 's THE memo.
	Article 44	If you prepare a box, the contents will come in! (Bird cage law)
	Article 45	Money is a token of appreciation